



If you're unsure which size to buy, try measuring a run tight that you already own that fits you well, and compare those measurements to the size chart. Lay the run tight on a flat surface and use the above guide to measure the run tight.

Note: All measurements are approximate.

Size	A (Waist)	B (Hip)	C (Inseam)
XS	30.5cm	37cm	39.5cm
S	33cm	39.5cm	40.5cm
M	35.5cm	42cm	42cm
L	38cm	44.5cm	43cm
XL	40.5cm	47cm	44.5cm
2XL	43cm	49.5cm	45.5cm
3XL	45.5cm	52cm	47cm
4XL	48.5cm	54.5cm	48.5cm